

BAYTY ALL DAY DINING

OUR THEME BREAKFAST

Continental Breakfast 90

Freshly squeezed fruit juice — orange, grapefruit, pineapple, watermelon, apple

A selection of freshly carved seasonal fruit

Our freshly baked bread and croissant basket ^(GL, M, E) served with butter, honey,

Homemade preserves

Freshly brewed coffee or tea

Carlton Breakfast 110

Freshly squeezed fruit juice — orange, grapefruit, pineapple, watermelon, apple

A selection of freshly carved seasonal fruit

Our freshly baked bread and croissant basket ^(GL, M, E) served with butter, honey,

Homemade preserves

The Carlton Bircher muesli ^(GL, N, M)

Your choice of:

Two egg as your choice with grilled tomatoes, hash brown potatoes,
chicken sausage, turkey bacon

Freshly brewed coffee or tea

Arabic Breakfast 100

Freshly Squeezed Fruit Juice — orange, grapefruit, pineapple, watermelon, apple

A selection of freshly carved seasonal fruit

Assorted Arabic cheese served with vegetable crudités and pickles ^(M,S)

Foul medames, onions, tomatoes, parsley, cumin, olive oil

Traditional shakshuka ^(E)

Freshly brewed coffee or tea

Healthy Breakfast 115

Detox fresh Juice — (choose our special green or fruits detox)

Berries fruit salad bowl

Organic Whole wheat bread basket

Granola Parfait (low fat yogurt, oats, almond, coconut, and mixed fresh berry)

Two egg as your choice with grilled tomato and poached asparagus ^(E)

Freshly brewed coffee or tea

À LA CARTE BREAKFAST

Bowl of Cereal with Yoghurt or Milk ^(M, GL) 25

Corn flakes, whole grain or wheat bran cereals, cocoa puffs, crisped rice

Granola Parfait 25

Low fat yogurt, oats, almond, coconut, and mixed fresh berry

Swiss Bircher Muesli ^(M, N, GL) 25

Oatmeal, milk, honey, raisins and nuts, grated green apples and banana

Hot Oatmeal Porridge ^(M, GL) 25

Served with whipped cream, golden syrup, demerara sugar

Sliced Fruit Platter 35

A selection of freshly carved seasonal fruit

Gourmet Smoked Fish Selection ^(M, GL) 65

Smoked Salmon, Herring and Mackerel fish on brioche

Assorted pate platter 45

Beef, chicken, veal and turkey pate with pickles, and grain mustard

Foul Medames ^(SB) 31

Baked fava beans, garnish of tomato, onion, olive oil

French Cheese Platter ^(M) 55

Emmental, Brie, Roquefort, Goat's cheese, onion and fig jam

Eggs Benedict ^(E, M, GL) 55

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Poached eggs on toasted muffin, spinach leaves or smoked salmon,
Hollandaise sauce

Fresh Eggs Cooked Any Style ^(SB, E) 45

Omelette, fried, poached, boiled, or scrambled with homemade hash brown,
sautéed mushrooms, grilled tomatoes or baked beans, veal sausage or turkey bacon

Cholesterol Free 3 Egg White Omelette ^(M) 55

Choose from cheese, turkey, mushroom, herbs, tomatoes, onion or smoked salmon

Pancakes or Waffles ^(M, GL) 50

Served with maple syrup or honey, raspberry coulis, whipped cream

SALAD AND APPETIZER

Arabic Mezzeh ^(M, N, GL) 25 each

Hummus, moutabel, tabouleh, labneh, muhammara, fatoush, warak enab

Hot Mezzeh 25 each

Fatayer, rokkakat, sambousek, kebbeh, fried halloumi cheese

Classic Caesar Salad ^(gl, M, E, F) 45

Baby romaine lettuce, Parmesan cheese, garlic croutons,
Caesar dressing and crispy Bacon

<i>Grilled chicken</i>	<i>Smoked</i>	<i>Grilled Prawns</i>
10	<i>salmon</i>	15
	15	

Quinoa avocado salad 55

Baby spinach, mix quinoa, avocado, sweet potato and cherry tomato
with Parmesan cheese and lemon vinaigrette

Fregola Kale Salad 60

Semolina pasta, crunchy kale, pomegranate seed, broccoli, Kalamata olive
with smoked mozzarella and balsamic dressing

Greek Salad ^(M) 50

Fresh Feta cheese, tomatoes, capsicum, lemon-olive oil dressing, oregano

Chef salad 55

Avocado, boiled egg, turkey, cherry tomato, cucumber, iceberg lettuce,
Swiss cheese

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SOUP

Lentil Soup ^(GL)	25
Traditional yellow lentil soup, fried pita bread, lemon wedges	
Wild mushroom Veloute ^(N)	25
Served in whole wheat bread bowl	
Chef's Soup of the Day	26
Kindly check with your attendant for the daily special	

SANDWICHES

Carlton Club Sandwich ^(GL, M, E)	55
Triple decker with grilled chicken supreme, veal bacon, fried egg, emmental cheese, confit tomatoes, lettuce leaves	
Lamb Kofta Wrap ^(GL, M)	50
Grilled lamb kofta, saj bread, tomato, cucumber pickles and Tahini sauce	
Chicken Shawarma ^(GL, S)	45
Oriental spices marinated chicken wrap, garlic sauce	
Chicken or Vegetable Fajitas ^(GL, M)	50
Avocado guacamole, tomato salsa, sour cream	
Grilled Halloumi Cheese Sandwich ^(GL,M)	45
Fresh pita bread, mint pesto, tomato and cucumber	
Smoked Salmon Baguette ^(GL, M)	55
Whole Wheat baguette, smoked salmon, cream cheese and pickle	
Traditional Beef burger ^(GL, M, E, S)	60
Topped with cheese Served with coleslaw, French fries	
Chicken Burger ^(GL, M)	55
Grilled chicken breast, avocado, crispy veal bacon, mozzarella cheese	

PASTA, PIZZA AND RISOTTO

Selection of Pasta	65
Penne, Linguine, or Spaghetti (GL, E) with Your Choice of Sauce Carbonara (M), Bolognese, tomato, Arrabiata, olive oil, garlic or basil pesto	
Porcini Risotto (GL, M)	68
Enhanced with basil pesto, freshly grated parmesan cheese	
Spinach Ricotta Tortellini (GL, M)	70
Enhanced with basil pesto, freshly grated parmesan cheese	
Pizza Pepperoni (GL, M, E)	70
Our thick crust dough, tomato coulis, pepperoni, mozzarella cheese	
Pizza Margherita (GL, M, E)	65
Our thick crust dough, tomato coulis, mozzarella cheese, fresh basil leaves	
Quattro Formaggi Pizza (GL, M,E)	70
Tomato coulis, mozzarella, fontina, gorgonzola, taleggio cheese	
Summer Vegetable Pizza (GL, M,E)	70
Eggplant, Zucchini, bell pepper with tomato coulis and fresh mozzarella	
Add Extra Toppings	10
Mushroom, rucola leaves, turkey ham, veal bacon	
Cajun chicken supreme, meatball, shrimps	15

MAIN COURSE

Spinach and Mushroom Cannelloni	70
Served with rocket leaves and pesto	
Grilled Norwegian Salmon (F, GL, M)	90
Served with quinoa risotto, seasonal vegetable and butter sauce	
Fish N' Chips (F, G, E, M)	84
Cod fish in traditional batter, mushy peas, large French fries, tartar sauce	
Seabass Ratatouille (F, G, E, M)	90
Whole seabass baked with stewed vegetable, served with crushed potato	
Grilled Jumbo Prawns (C, M)	160
Seasonal vegetables, rice, lemon butter garlic sauce	

SIGNATURE STEAKS (Australian Black Angus)

Grilled and served with, Maître d'hôtel butter, mixed lettuce
Choice of potato (mashed or French fries)
And choice of sauces (mushroom, peppercorn or blue cheese sauce)

Tenderloin 250g	170
Rib Eye Beef Steak 250g	170
Sirloin Steak 250g	95
Turkey Roulade (GL, M)	90
stuffed with wild mushroom served with herbs sauce, mashed potato and vegetables	
Double Lamb Chops	150

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Creamy Polenta, buttered vegetable and classic au jus

Seafood Mixed Grill ^(F, C, M) 190

Lobster tail, jumbo prawns, marinated fish fillet, calamari, green mussel

Served with grilled vegetables, French fries, garlic sauce

Arabic Mixed Grill ^(E) 155

Lamb kofta, shish kebab, shish taouk, lamb chops, lamb arrayes,

grilled vegetables, French fries, garlic sauce

ASIAN TREAT

Pad Thai ^(PN, SB, C) 50

Thai stir fried rice noodles, prawns, Asian greens

Butter Chicken ^(N) 75

Tandoori chicken, tomato, cashew nuts

Lamb Biryani ^(GL, M) 85

Papadum, raita, chutney

Vegetable Biryani ^(GL, M) 70

Papadum, raita, chutney

Chinese Egg Noodles 40

Tofu, carrots, cabbage, snow beans and beans sprout

Vegetable Thai red curry ^(GL, M) 65

Steamed Jasmine rice

Nasi Goreng 50

Asian fried rice, fried egg, chicken satay with pickled vegetables

Add shrimps or chicken 15

DESSERT

Warm Apple Galette 40

with Vanilla ice cream

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The Carlton Cocoa Delice ^(GL, E, M, N)	45
Chocolate, hazelnut	
Caramel Cheesecake ^(GL, E, M)	38
Served with mixed berries, fruit coulis sauce	
Panna cotta	38
With wild berries sauce	
Umm Ali ^(GL, E, M, N)	30
Bread and butter pudding, nuts	
Sliced Fresh Fruit Platter	35
A selection of freshly carved seasonal fruit	
Cheese Platter	55
Fine cheese, celery sticks, grapes, cheese crackers	
Ice Cream and Sorbet selection ^(E, M)	35
Please ask your order taker for the available flavours	

CHILDREN'S FAVOURITE

Spaghetti or Penne Pasta	40
Bolognese, tomato or carbonara sauce	
Fish Fingers ^(GL, M)	40
Chicken Nuggets ^(GL, M)	40
Mini Beef Burger ^(GL)	40
Pizza Margherita ^(GL)	40
Mac N' Cheese ^(GL, M)	40

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Hot Dog	40
Ham and Cheese Sandwich ^(GL, M)	40
Selection of Ice Cream ^(M)	26
Fruit Skewers	26
Chocolate sauce	

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